

The Arnold Sentinel

“Serving the South Loup River Valley”

THURSDAY, JANUARY 10, 2019

CUSTER COUNTY, ARNOLD, NEBRASKA 69120

(USPS 032480)

SINGLE COPY: 75 CENTS

VOLUME 102, NUMBER 30



Photo/Diana Coleman

Cole Gracey and Tatum Cool (front) work on a project in the guidance counselor's room, while other CAPABLE student participants (from left) Katie Brown, Lydia Connell, Leighton Bubak, Tayten Eggleston, Matthew Corbin, Logan Coleman and Blake Brown) look on.

CAPABLE: Beyond the classroom

A.H.S. students offered internships through county-wide program

By Diana Coleman
Sentinel staff

Capable, according to the Merriam-Webster dictionary, is defined as having the ability, fitness, or quality necessary to do or achieve a specified thing.

In Custer County, CAPABLE (Custer Alliance for Preparing and Advocating for Business Labor and Education) is defined as developing future focused youth, by creating meaningful relationships through education and area industry, with the desired outcome that the youth will continue to grow Custer County and become its future leaders.

CAPABLE for the Arnold High School senior class means having the opportunity to explore different careers and job experiences that are available locally, while still attending high school.

The CAPABLE program has

been in existence for five years. Its vision is to invest in the youth of Custer County and expose them to the many different careers and opportunities that exist in Custer County. It helps schools and businesses create a connection. While studying the Custer County High School students, the CAPABLE board noticed a changing trend in the students, where the students could see themselves returning to Custer County after they completed college. The board decided to create a situation where the high school student would be educated on the different careers and vocations available in Custer County and builds relationships with people in that industry through mentorship.

All six schools in Custer County participate in CAPABLE.

“There was a lot of collaboration between all of the schools,” said Executive Director Jenny

Fox. “That was so important in creating a successful program.” Approximately 15 percent of Custer County seniors are currently participating in the program this year, however, 70 percent of the seniors at Arnold High School are taking advantage of this wonderful opportunity, thanks to the encouragement and support of their guidance counselor, Ashley Nansel. CAPABLE is offered to senior and junior students, if their schedule allows.

Automotive, medical, education, technology, exercise physiology, and agriculture are just some of the areas that are offered for internships. Law enforcement is offered only as a job shadow situation, for the safety of the student. The goal of these internships is to create unique experiences for the kids and to create a strong understanding of a field before they get to college. It expands their network of people for future

contacts and possible job opportunities.

Jenny Fox works diligently to identify a student's passion and connect them with the correct mentor. She strives to create a unique experience for the kids. One of her goals is to identify the correct career path for the student before they get to college with the hope of saving time and money and ultimately with the hope that the student will return to Custer County.

Jenny stated, “I want to strongly thank the businesses that are participating in this program. I really appreciate them sponsoring students and investing in the youth of Custer County.”

In future issues of *The Arnold Sentinel* we will be introducing you to the Arnold High School students and sharing their unique experiences while participating in the Custer County CAPABLE program.

Next Blood Drive Is January 21

ARNOLD, Nebraska (Jan. 7, 2019) —National Blood Donor Month has been observed in January since 1970 and recognizes the importance of giving blood and platelets while honoring those who roll up a sleeve to help patients in need. The community is invited to help save lives by donating blood on Monday, Jan. 21, 2019, from 8:30 a.m. to 2:30 p.m. at the Arnold Community Center.

The winter months can be especially difficult to collect enough blood and platelets to meet patient needs. Inclement weather can result in blood drive cancellations, and seasonal illnesses, like the flu, can prevent some donors from making or keeping appointments to give. Blood donors with all blood types are encouraged to make an appointment to give.

To make an appointment or to learn more, call or text Amanda Koubek at 308-660-6709. You may also download

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Pesticide training to be held in Arnold

Private pesticide trainings will be held for farmers and ranchers who need to renew their certified private pesticide applicator's license or anyone who wants to become certified. A training will be held in Arnold on January 31 at the Legion building at 1:00 p.m. In order to become certified, producers pay a \$40.00 recertification fee for study materials and training and will then be billed from the Nebraska Department of Agriculture an additional \$25.00. If you cannot attend this training, a self-study manual is available at the Custer County Extension Office for \$60.00. On-line trainings are also available for \$75.00. You must be certified if you intend to purchase or use any restricted use pesticides. For a list of other locations, contact the extension office.



Courtesy photo

Cooper Taylor has been invited to participate in Down Under Sports on the 2019 football team. He will leave for Australia on June 30.

Arnold senior is going “down under”

Down Under Sports is pleased to announce that Cooper Taylor, a senior at Arnold High School, has been invited to represent Nebraska on the 2019 football team. Cooper will depart for Queensland, Australia on Sunday, June 30, 2019, to compete down under for individual honors and a team championship title.

Each participant must raise money to cover the cost of the ten-day Australia Tournament Package. Fundraising is an important step to achieve the goal of competing on the international stage.

A major source of funds comes through voluntary contributions of family, friends and business sponsors. Ways to donate include:

- Receive or ask for a donation letter from Cooper, or order a t-shirt.
- On-line at <https://DownUnderSports.com/OYP-IMK> (case sensitive)
- Call Down Under Sports at 435-753-4732.

“I am honored to be an ambassador of not only my community and state, but also our country,” said Cooper.

Callaway Hospital CEO retires, new CEO steps in

Oconto native Eggleston looking forward to future in rural healthcare



Photo courtesy of *The Callaway Courier*

Brett Eggleston (left) is the incoming Callaway Hospital District CEO replacing Marvin Neth (right) who retired on December 20.

After 42 years of serving as Callaway Hospital District CEO, Marvin Neth received a big send-off last Monday at a retirement party given in his honor at Shotgun Annie's Saloon in Callaway.

Neth was hired by the hospital district and started to work on June 1, 1977, in the then stand-alone hospital with 12 beds. In the early days, there was one office for himself, files, and medical doctors to do dictation - and one bath tub.

Neth took over for Betty Schuster, training with her for only a day or two. The hospital district patrons passed a bond issue the following month in July.

Neth was there for the building of the hospital and clinic, an addition in 1987, and ten years ago, the last renovation. According to a story written in *The Callaway Courier*, Neth hired and fired, pushed new technology and facilities, and generally brought the hospital and medical clinics to where it is today.

Brett Eggleston of Oconto is taking over as CEO. A 2006 graduate of Callaway High School, he received a bachelor's degree in business administration with an emphasis in management. When Neth was looking for a Chief Financial Officer (CFO), he asked Eggleston, who was then working at

Callaway Public Schools as an administrative assistant to Pat Osmond, to apply. Eggleston was hired two years ago, not only as CFO, but with an opportunity to move into the CEO position.

While working full-time as CFO at the hospital, Eggleston earned a master's degree in Healthcare Administration through Bellevue University.

Eggleston, who was born at the hospital, became the official CEO on December 20.

Caleb Poore has been hired to assume the CFO position.

In an interview with *The Courier*, Eggleston said there's always new regulations threatening healthcare - especially rural healthcare.

“We have to make sure we're always advocates for keeping our rural facilities open,” he said.